



## Community Nutrition, Physical Activity and Health Promotion: Current Perspectives in Public Health Nutrition

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### Message from the Guest Editors

Currently, most societies face the challenge of the growing burden of chronic diseases in aging populations. Moreover, several regions bear the dual burden of over and malnutrition. In this context, nutrition and physical activity are central to all strategies and policies for prevention and support for the management of these problems, both at the individual and community level; considering multiple approaches, scopes and levels of action; involving the main actors, key sectors and stakeholders; looking for participation strategies at the local and community level.

We often live in plural, multicultural societies, in which many people migrate to other places moved by armed conflicts, persecution, disasters and catastrophes, socio-economic or occupational purposes or for any other reason. The reality is that these people undergo food transitions that can pose added risks.





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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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